

BASS TIPS

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WARMING UP WITH A METRONOME

What is a metronome? A metronome is a mechanical or electrical device that makes repeated clicking sounds at an adjustable pace, used for marking rhythm, especially in practicing music. There are different types of metronomes available today. From conventional to digital. In addition, there are applications and metronomes online that you can use from your smartphone.

Many of my students and even colleagues have asked me how I warm up on bass. I do a lot of different exercises to warm up. I adjust the warm-up routine according to what I am going to practice and play. But the most important thing in my warming up process is the use of a metronome. Why? I use the metronome in the same way that I use it when I practice. I start the exercises very slowly and little by little I increase the speed of the metronome. By doing this with each warm-up exercise, I achieve better articulation, accuracy, strength, better speed control and clearer performance.

Of course, we don't always have enough time to warm up. So, I recommend getting to the point, use the warm up exercises that best prepare you for what you are next to play and please, try a metronome for best results. Remember! Your ability to keep good time is crucial.

BASS TIPS - WARMING UP WITH A METRONOME

THE METRONOME



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