



TRACK 11

From the beginning, we've all been told that we need to practice our scales and arpeggios. If that's the case, then why not groove on 'em and have a little fun? That's exactly what we'll be doing in this chapter!

Workout 11

Workout #11 is a slow blues, taking full advantage of scale runs throughout. Notice the half-time feel in the drums. Also, the B \flat notes, which are not part of a G major scale, give this one a bluesier sound.

G7

1 4 2

C7

3 2 2

G7

D7 C7

1 1 1 1