

Foreword

ar·peg·gi·o (är-pěj'ē-ō', -pěj'ō)

n. pl. ar·peg·gi·os

1. The notes of a chord played individually rather than simultaneously.
2. A chord played or sung in this manner.

This book is a comprehensive collection of exercises based on what I consider the most important foundational material a practicing musician can get under their fingers - the individual notes of the most common chords in music.

Root notes are great, and many guitar players swear that in a rock and roll setting, it's the bass player's job to play nothing but the root notes, but if you ever want to evolve beyond the Neanderthal bassline, what could be more important than knowing the notes of the chords you're playing under?

The goal of working through this book then, is to get you to a point where you not only know your arpeggios, but to where you can play all of these arpeggios without even having to think.

"A journey of a thousand miles begins with a single step."

- Lao Tzu, Chinese philosopher, founder of Taoism.