

BASSES LOADED *Volume 1*

Table of Contents & CD Track List

CONTENTS	PAGE	CD TRACK
INTRODUCTION	Inside Cover	1
TUNING NOTES		2
TABLE OF CONTENTS CD TRACKS	2	
THE FINGERBOARD	4	
PART I: RHYTHM STUDIES		
THE LANGUAGE OF RHYTHM	5	
BASIC RHYTHM 101	5	
APPLYING WHOLE AND HALF NOTE RHYTHMS	6	
WHOLE NOTES	6	3
HALF NOTES	6	4
QUARTER NOTES & ARTICULATION	7	
QUARTER NOTES: ROCK, BLUES & JAZZ	8	
QUARTER NOTE: ROCK ARTICULATION	8	5
QUARTER NOTE: BLUES ARTICULATION	8	6
QUARTER NOTE: JAZZ ARTICULATION	9	7
THE BASIC 8TH NOTE	9	
BASIC RHYTHM: REVIEW	10	
RESTS AND RESTING	12	
JAZZ HISTORY 101: QUARTER NOTES & RESTS	13	
" TWO-BEAT " STYLE	13	8
EARLY " FOUR-BEAT " STYLE	13	9
USE OF " THE TIE "	14	
8th NOTE ROCK STYLE	16	
In The Style Of...AC/DC's "Live Wire"	16	10
In The Style Of...Better Than Ezra's "Good"	16	11
In The Style Of...The Hives' "Hate To Say I Told You So"	16	12
In The Style Of...Nirvana's "In Bloom"	17	13
In The Style Of...The Kinks' "All Day & All Night"	17	14
In The Style Of...The Beatles "Twist & Shout"	17	15
In The Style Of...Cream's "Sunshine Of Your Love"	17	16
In The Style Of...Elvis Costello's "Pump It Up"	18	17
In The Style Of...Nirvana's "Sliver"	18	18
In The Style Of...Lover Boy's "Turn Me Loose"	18	19
SAMPLING 3/4 TIME	19	
In The Style Of...Harold Melvin's "If You Don't Know Be By Now"	19	20
In The Style Of...The Allman Brothers "Dreams"	19	21

CONTENTS	PAGE	CD TRACK
PART II: ESSENTIAL SCALES & ARPEGGIOS		
ESSENTIAL SCALES & ARPEGGIOS	20	
READING SCALE DIAGRAMS	21	
SCALES & APPLIED CHORD PROGRESSIONS	21	
BASIC THEORY: WHOLE STEPS VS. HALF STEPS	22	
SCALE 1: THE MAJOR SCALE	23	
In The Style Of...Steve Miller's "The Joker"	23	22
SCALE 2: THE NATURAL MINOR SCALE	25	
In The Style Of...The Red Hot Chilli Peppers' "Californication"	26	23
In The Style Of...Black Sabbath's "NIB"	26	24
SCALE 3: THE MIXOLYDIAN SCALE	27	
In The Style Of...The Animals' "We Gotta Get Out Of This Place"	28	25
In The Style Of...Miles Davis' "All Blues"	28	26
SCALE 4: THE DORIAN SCALE	29	
In The Style Of...Santana's "Oye Como Va"	30	27
In The Style Of...The Doors "Riders In The Storm"	30	28
SCALE 5: THE MAJOR PENTATONIC SCALE	31	
In The Style Of...The Temptations' "My Girl"	32	29
In The Style Of...Fontella Bass' "Rescue Me"	32	30
SCALE 6: THE MINOR PENTATONIC SCALE	33	
In The Style Of...Black Sabbath's "Paranoid"	34	31
In The Style Of...The Allman Brothers' "In Memory Of Elizabeth Reed"	34	32
SCALE 7: THE CHROMATIC SCALE	35	
CHROMATIC MOVEMENT	36	
In The Style Of...Van Morrison's "Moondance"	36	33
In The Style Of...Jimi Hendrix's "Hey Joe"	36	34
ARPEGGIO 1: THE MAJOR TRIAD	37	
In The Style Of...Bob Marley's "Stir It Up"	38	35
In The Style Of...The Clash's "Pressure Drop"	38	36
ARPEGGIO 2: THE MINOR TRIAD	39	
In The Style Of...Sublime's "Doin' Time"	40	37
In The Style Of...Bob Marley's "I Shot The Sheriff"	40	38
ARPEGGIO 3: THE DOMINANT 7th ARPEGGIO	41	
In The Style Of...Stevie Ray Vaughan's "Crossfire"	42	39
In The Style Of...Roy Orbison's "Pretty Woman"	42	40
MAJOR PENTATONIC (FINGERING TWO)	43	
MINOR PENTATONIC (FINGERING TWO)	44	
RAKING TECHNIQUE	45	
PRACTICING SCALES: DEVELOPING A WARM-UP ROUTINE	46	
APPLYING SCALES: CHORD-TO-CHORD MOVEMENT	47	
SCALES & ARPEGGIOS: MIXING IT UP	49	
In The Style Of...No Doubt "It's My Life"	49	41
In The Style Of...The Rolling Stones' "Miss You"	50	42
In The Style Of...Martha & The Vandella's "Nowhere To Run"	50	43
In The Style Of...Stevie Wonder's "I Wish"	50	44
In The Style Of...Toots Thielman's "Bluesette"	51	45
ASSORTED DRUM PRACTICE TRAX		46 54
PART III: APPENDIX		
APPENDIX 1: SONGS & SONG FORM	52	
BASS PLAYER MATCHING: ROCK	60	
BASS PLAYER MATCHING: GROOVE	61	
APPENDIX 2: ELECTRIC BASS PONDERINGS	55	
ACKNOWLEDGEMENTS/AUTHOR BIO	62	